

## BEACH RULES - SWIMMING SAFETY - BEACHWHEELS

The Borough of Beach Haven wants you to have not only a great time on our beaches, but a safe one as well. For your protection, **SWIMMING** is permitted only at designated beaches while lifeguards are on duty from 10:00 AM to 5:00 PM, June 25 through Labor Day. Lifeguards are stationed (from north to south) at Twelfth St., Taylor Ave., Fifth St., Second St., Centre St., Engleside Ave., Pearl St., Belvoir Ave., Essex Ave., between Liberty and Pelham Avenues and between Kentford and Leeward Avenues. Swimming areas are designated by red/yellow flags and may change from day to day as ocean conditions dictate. If you swim before or after the hours lifeguards are on duty, or at a beach that is not a designated protected beach, you do so **AT YOUR OWN RISK**.

**SNACKS** are permitted on the beach provided all trash and debris is cleared away. **GAME PLAYING** outside the flagged area is permitted at the discretion of the Lifeguard Captain if the beach is not crowded. **SURFING** is permitted only in areas designated by black and white checkered flags and locations may change as ocean conditions dictate. **FISHING** and **KAYAK** launching are prohibited in surfing zones and within 50 yards of designated bathing areas. Persons launching kayaks from the beach are required to wear personal flotation devices.

**RIP CURRENTS** are powerful currents of water moving away from the shore that can sweep even the strongest swimmer out to sea. If you are caught in a rip current, remember - **DON'T FIGHT THE CURRENT**. Swim out of the current by first swimming parallel to and then diagonally or directly toward the shore. If you can't escape, float or tread water. If you need help, call or wave for assistance. For your own safety, you should know how to swim, never swim alone and swim only at guarded beaches. If in doubt, **DON'T GO OUT**.

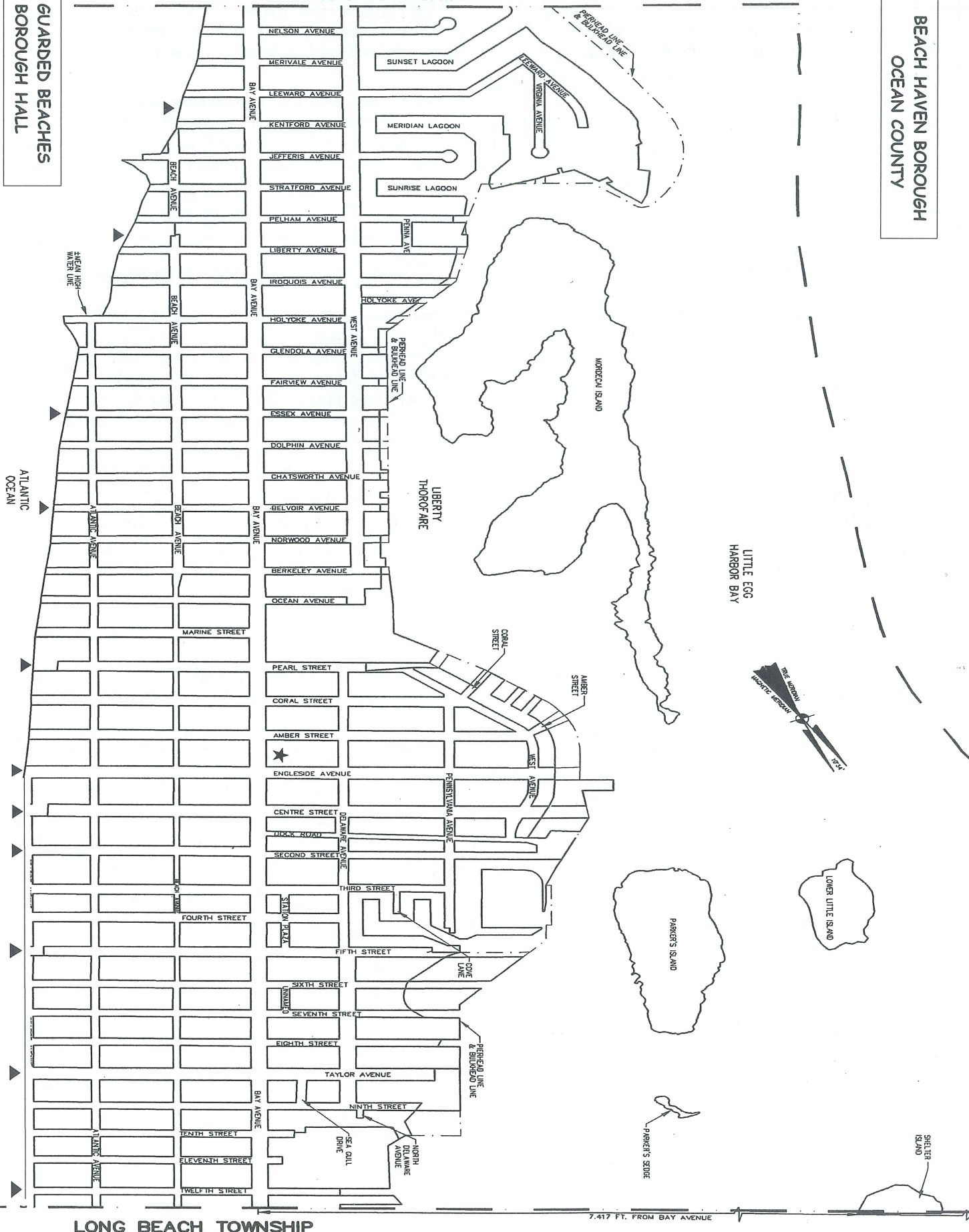
**BEACHWHEELS** chairs are available year round for the physically challenged. You can call the Beach Badge office at 492-0111, ext. 24 from May 7 through Labor Day to arrange for delivery. After Labor Day, call Borough Hall at 492-0111 to inquire about delivery.



BEACH HAVEN BOROUGH  
OCEAN COUNTY

▲ GUARDED BEACHES  
★ BOROUGH HALL

LONG BEACH TOWNSHIP



LONG BEACH TOWNSHIP

7.417 FT. FROM BAY AVENUE